

PARKLANDS SURGERY

Patients eligible to receive a flu jab are those who:

- Are 65 years of age or over (if aged 65 and over on March 31st 2017 – that is, born on or before March 31st 1952)
- Are pregnant
- Have certain medical conditions
- Chronic (long-term) respiratory diseases, such as asthma (which requires an inhaled or tablet steroid treatment, or has led to hospital admission in the past), chronic obstructive pulmonary disease (COPD) or bronchitis
- Chronic heart disease, such as heart failure
- Chronic kidney disease
- Chronic liver disease such as hepatitis
- Chronic neurological conditions such as Parkinson's disease or motor neuron disease
- Diabetes
- Problems with your spleen – for example, sickle cell disease or if you have had your spleen removed
- A weakened immune system as a result of conditions such as HIV and AIDS or medication such as steroid tablets or chemotherapy
- Are very overweight
- Are living in a long-stay residential care home or other long-stay care facility
- Receive a carers allowance, or are the main carer for an elderly or disabled person whose welfare may be at risk if they fall ill

The flu vaccine is recommended for:

- Children over the age of six months with a long-term health condition
- Children aged two, three and four plus children in school years one, two and three.

Children ages between six months and two years of age who are eligible for the flu vaccine should be given the flu jab.

Children eligible for the flu vaccine aged between two and 17 will usually have the flu vaccine nasal spray.